

**Mr A F said**

Thank you for the treatment I received for my neck problem and since my last visit I have not experienced any further problems. The relief from the pain and difficulty moving my head has been excellent and I would certainly recommend anyone suffering with similar or other problems to seek help from your clinic. Rest assured should I experience any further problems in the future you will certainly be at the top of my list. Again thank you all for your care and treatment and wish you all success in the future,

**Mrs P said**

I had a great surprise on returning home from my first session with Chris Walker. I was breathing deeply! I stood there where I was, taking in huge lungfuls of air. This was a new experience. "That was a rib out of position" Chris told me later. I had not noticed it in all these years. My complaint had been about my neck, and, yes, it is now painless and I enjoy the freedom of looking at the world over my shoulder, rather important when crossing the road! Thank you Chris!

**Mrs S said**

I first consulted Dr. Walker in 1999 with a long-standing back complaint. After a short period of treatment, this condition has never recurred. Recently, my shoulder became very painful, so much so that I found everyday tasks such as dressing and washing my hair, extremely difficult to perform. The pain also caused my sleep to be disrupted. I was referred to a physiotherapist for seven months, during which time the condition worsened, but within seven weeks of chiropractic treatment, my shoulder was 90% improved. I have found Dr. Walker to be an honest professional, with a friendly, reassuring and caring manner, which is echoed throughout the clinic. In future, I would have no hesitation in seeking Dr, Walkers advice and guidance. To this end both my son and daughter are now under his care.

**Mrs S said**

When I first went to see Dr, Chris Walker my symptoms were aching and pains in my shoulders and neck. Dr Walker took X-rays of my neck that showed changes in it caused by whiplash from a car accident and wear and tear changes in my neck. I was very uncomfortable sitting on the sofa in the evenings and also sitting at my desk at work, it was just like toothache nagging all the time and made my life quite unbearable. I had a course of treatment which was money well spent, as of now the symptoms have completely gone. I go back every so often for checks and my life is so much happier without the

constant pain. All the staff are very friendly and helpful and I would recommend the clinic very highly to anybody.

**Mrs S said**

I tottered painfully into your clinic using two walking sticks and totally unable to stand upright. The pain in my groin and leg was excruciating, and I had no idea what had caused it. Neither did my GP. However after three weeks of treatment I'm delighted to say I can now stand upright, without pain, and walk normally, without sticks. Thank you so much for your successful treatment and your kindness and courtesy.

**Miss H said**

After two weeks of pain and suffering; and about 3-4 weeks before my wedding day, I visited Dr. Walker with the following symptoms: Groin pain, buttock pain, lower leg pain and numbness in my left big toe. I was not sleeping, could hardly walk, and couldn't drive. Dr. Walker's advice was very honest and the treatment was superb. I made it to my wedding day and even wore my 4 inch heels some of the time. I thank all the staff at the clinic for their courtesy and support and would recommend the clinic to friends and family without a doubt.

**Mr S said**

I was recommended to Chris Walker by my fitness instructor after suffering low back pain. Although I recovered at the time, I was still experiencing occasional twinges, which although were not debilitating, were an indication that something was not quite right. Chris quickly identified that the real problem was not lower back but a long standing shoulder condition. The treatment regime was extremely effective and removed the underlying symptoms, very quickly. All the practice staff are extremely friendly and everything is always fully explained. I've also found out that the whole process is a good skeletal MOT, which everyone should consider, especially if they lead an active lifestyle. I would recommend the clinic to anybody that takes fitness and well being seriously.

**Major G says**

Being in the army is both physically and mentally demanding. Having regular chiropractic treatments over the years has ensured that I am able to meet the physical challenges of military life. It has kept my career on track and allowed me to serve my country on operations. Thank you to Dr. Prab Chandhok and staff at Camberley Chiropractic Clinic for all your support, flexibility and understanding.

**Mrs H says**

I first went to my doctor as my hips were giving me a great deal of pain, especially going up and down stairs and walking any distance. The GP gave me painkillers and after a month I returned as there was little improvement. I went for a back X-ray which showed damage to the lower spine and middle back. I asked what the next step was and he replied 'stronger pain killers'. I was not happy with this and decided to make an appointment to see Dr Chris Walker, who had been recommended to me. He took his own X-rays and said he could help me, but it could take up to a year and I would only be 80% better. I went ahead with the treatment and there was a definite 80% improvement. I have recommended Camberley Chiropractic Clinic to friends, and they have in turn have recommended it to their friend and colleagues. It changed my life for the better. Thank you!!

#### **Mrs M T says**

After suffering a nasty fall I was unable to put any strain on my right foot. This affected my day-to-day living. I have visited the chiropractic clinic on a number of occasions and had treatment with Dr. Chandhok who has made a significant improvement on my foot which has allowed me to resume my normal life. All the staff at the clinic were very friendly and helped to put me at ease. I have recommended a friend to the clinic who was also pleased with her treatment.

#### **Mr B T states**

My job as an engineer – lifting tool boxes and equipment – was affecting my back and the pain was unbearable. However with the help of Dr. Walker my back gradually improved. I am now able to play golf 2-3 times a week. My wife also visits the clinic.

#### **Mr B. S said**

Having been a patient for around 20 years I can thoroughly recommend your services. After a few treatments I went from not being able to lift my arm above shoulder height, to no longer being in pain! Being a puppeteer, it was a godsend coming here. Everyone here is so professional, but really friendly as well. When I hear of anyone in pain I always recommend The Camberley Chiropractic clinic – believing the treatment works! Thanks for everything.

#### **Mr P. T says**

I was a complete sceptic on chiropractic as a viable alternative medicine. I had intense pain in my shoulder and arm and as the prescribed pain killers were ineffective, I felt that I had nothing to lose. I was amazed that after a few treatments the pain was controlled and then gradually subsided. I would recommend anyone with spinal pain to seek the services of a professional chiropractor such as those at Camberley Chiropractic Clinic.

#### **Mrs S. P**

Serious back pain in 1994 led me, initially, to my GP who suggested that I contact Camberley Chiropractic Clinic. It was there that Chris discovered lower back disc deterioration and started an intensive program of treatment in his charming way (who's going to argue with 6ft plus of Canadian?) That, with some help from frozen peas, sorted me out so that I eventually arrived at only having to have an annual MOT. I am a very sports minded person and the unexpected pain was seriously disrupting my life. Now, I do all sports happily. At all times everyone in the practice has been friendly, efficient, and professional and I recommend the practice wholeheartedly whenever appropriate. Long may it prosper.